

Avoid Okinawa's Dangerous Creatures!

Opting to become dangerous creatures in Okinawa!!

1. Habu facts

- ①The habu is nocturnal and does not hibernate.
- ②It is from 1 to 1.5 m long. Its body has a mottled pattern, and its head is covered in fine scales.
- ③It lives mainly in woodland and grassland, but is also found in urban parks.
- ④It adopts an attacking posture with the front half of its body contracted into an S-shape.
- ⑤It does not jump.
- ⑥It is good at climbing trees and swimming.



2. What to do if you get bitten - First aid

- ①Keep calm and check if it was a habu. It usually leaves two fang marks.
- ②If you think it is a habu bite, call loudly for help and ask to be taken to hospital. Do not run.
- ③Suck the blood and poison out of the wound. It is not harmful if you swallow it.
- ④If it will take long to get to hospital, loosely bind the affected part leaving enough space to insert a finger.

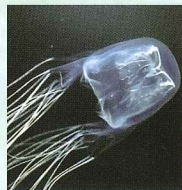


3. Box jellyfish

Okinawa is home to many types of animal, and some of them are poisonous. Learn how to avoid injury from these dangerous creatures in order to enjoy marine recreation safely.

Sea creatures are not aggressive in general. It's best to avoid approaching and provoking them. But some sea creatures have poison to protect themselves.

If you get injured, apply first aid and go to hospital. If the victim stops breathing, perform artificial respiration and take the victim to hospital.



Box jellyfish

First aid/Avoid rubbing the affected area. Apply vinegar and remove any tentacles attached to the skin. Then apply ice and cold water.

*Vinegar is only effective for box jellyfish stings. Do not use vinegar for other jellyfish stings.

Credits:Okinawa Prefectural Institute of Health and Environment



Okinawa Prefecture Okinawa Convention & Visitors Bureau

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Okinawa Tourist Information Services

- Okinawa Prefecture <http://www.pref.okinawa.jp/>
- Okinawa Convention & Visitors Bureau
Okinawa Tourist Information Web Site Okinawa Story
<http://www.okinawastory.jp/>

■ Okinawa Convention & Visitors Bureau

1831-1 Oroku, Naha City, Okinawa 901-0152 JAPAN (Okinawa Industrial Support Center 2F)
TEL.098-859-6123
<http://www.ocvb.or.jp/>

■ Naha Airport Information Desk

〒901-0142 150 Kagamizu Naha City, Okinawa
(Naha Airport Domestic Terminal Building 1F)
(Open year round 9:00~21:00) TEL.098-857-6884

■ Naha Airport International Information Desk

〒901-0142 174 Kagamizu Naha City, Okinawa
(Open year around 10:30~19:30) TEL.098-859-0742

Welcome to Okinawa!



Okinawa Tourism
Travel Tips for Your
Safety & Comfort

Okinawa Prefecture Okinawa Convention & Visitors Bureau



Japan. Endless Discovery.



Find out about Okinawa in five minutes

Welcome to Okinawa!
Feel assured and safe. Just enjoy your comfortable tour.

Location of Okinawa Islands

Okinawa Prefecture occupies the southern half of the so-called the Ryukyu archipelago, which stretches between Kyushu and Taiwan. It consists of 160 large and small islands studded over a vast ocean area centering 26 degrees north latitude and 127 degrees east longitude, but only 48 are inhabited

The one and only subtropical prefecture in Japan

Okinawa is the only prefecture in Japan of which the entire area belongs in a subtropical oceanic climate. Southeasterly winds in summer and northeasterly winds in winter are mostly constant. The Kuroshio, or Black Current, starting from off the coast of the Philippines flows northward through the islands and contributes to the warm winter. The average annual temperature is 22.7 °C, and the average low temperature is 20.5 °C. It hardly snows or frosts. From summer to autumn, typhoons with violent winds and rain often arrive.

UV Damage and Sunburn

- Avoid long periods of swimming and sunbathing. When swimming, it is best to wear a T-shirt over your swimwear.
- Use a sun umbrella or wear a hat outdoors.
- Wear clothes that expose little skin and use sunscreen lotion appropriately to guard against ultraviolet rays.
- Protect your eyes from ultraviolet rays with UV-cut glasses or sunglasses.



Heat Stroke

- Take plenty of fluids at regular intervals. Don't forget to maintain your salt intake if you're sweating.
- Use a sun umbrella or wear a hat outdoors.
- When exercising, take plenty of breaks in the shade or other cool place. Avoid excessive exertion if you're not feeling well.
- You can also get heat stroke indoors and in a car, so pay attention to the temperature inside, and use the air conditioner if necessary.

【First aid】

※Rest the victim in the shade, loosen their clothing, and raise their legs. Cool them down with damp towels and fanning. If the victim is conscious, give them fluids and salt supplement.

If the victim cannot take fluids and salt by themselves, or they are not fully conscious, seek prompt medical help.

■Contacts for unexpected incidents, illness or injury

Medical institutions

● Naha, Urasoe and Southern Region	
Naha City Hospital	TEL.098-884-5111
Okinawa Red Cross Hospital	TEL.098-853-3134
Okinawa Prefectural Nanbu Medical Center and Children's Medical Center	TEL.098-888-0123
Urasoe General Hospital	TEL.098-878-0231
● Northern Region	
Okinawa Hokubu Hospital	TEL.0980-52-2719
● Central Region	
Okinawa Prefectural Chubu Hospital	TEL.098-973-4111
Hospital, University of the Ryukyus	TEL.098-895-3331
Adventist Medical Center	TEL.098-946-2833
● Miyako Region	
Okinawa Miyako Hospital	TEL.0980-72-3151
● Yaeyama District	
Okinawa Prefectural Yaeyama Hospital	TEL.0980-83-2525

Accidents and unexpected incidents

● Local police station/TEL.110	● Ambulance/TEL.119	● Maritime accident/TEL.118
● Okinawa Prefecture Police Headquarters	TEL.098-862-0110	
● 11th Regional Coast Guard Headquarters	TEL.098-867-0118	

Transport Information and Typhoon Information

● Okinawa City Monorail	TEL.098-859-2630
● Japan Road Traffic Information Center	TEL.098-866-4840
● Naha Airport Building	TEL.098-840-1151
● Weather and typhoon information (Okinawa Meteorological Observatory Weather Center)	TEL.098-833-4290
● Enquiries about flights when typhoons approach	
JAL / JTA / RAC	TEL.098-863-8522
ANA	TEL.098-861-8800
SKY	TEL.050-3116-7370
China Airlines	TEL.098-863-1013
China Eastern Airlines	TEL.098-891-9055
Asiana Airlines	TEL.098-852-0077
Hong Kong Express	TEL.098-863-4763
● Okinawa Bus	TEL.098-861-0385
● Ryuku Bus	TEL.098-863-2821
● Naha Bus	TEL.098-882-7149
● Toyo Bus	TEL.098-867-2313
● Okinawa Taxi Hire Association	TEL.098-855-1344
● Okinawa Hotel Ryokan Association	TEL.098-861-4166
● Okinawa Prefecture Rent-a-Car Association	TEL.098-859-3825

Other tourist information

● Naha Airport Arrivals Lobby	
Naha Airport Tourist Information Desk	TEL.098-857-6884
Okinawa Barrier Free Tour Center	TEL.098-858-7760
● Okinawa Convention & Visitors Bureau	TEL.098-859-6123
● Okinawa Prefecture Tourism Promotion Division	TEL.098-866-2764

■Embassies, Consulates, Customs, etc.

● [Embassies, Consulates]

The U.S. Embassy in Japan	1-10-5 Akasa, Minato-ku, Tokyo	TEL.03-3224-5000 (Key Number)
The U.S. Consulate General in Naha	2-1-1 Toyama, Urasoe City, Okinawa Prefecture	TEL.098-876-4211 FAX.098-876-4243
Her Britannic Majesty's Embassy in Japan	1, 1 Ban-cho, Chiyoda-ku, Tokyo	TEL.03-5211-1100 (Key Number) FAX.03-5275-3164 (Key Number)
The Canada Embassy in Japan	7-3-38 Akasaka, Minato-ku, Tokyo	TEL.03-5412-6200 (Key Number)
The Australia Embassy in Japan	2-1-14 Mita, Minato-ku, Tokyo	TEL.03-5232-4111 (Key Number)
The Embassy of the Republic of the Philippines	5-15-5 Roppongi, Minato-ku, Tokyo	TEL.03-5562-1600~02
The Honorary Consulate of the Republic of the Philippines in Naha	2-35-1-2F Arashiro, Ginowan City, Okinawa Prefecture	TEL.098-892-892-5486 FAX.098-892-5487

● [Customs]

Customs for the Okinawa District (Head Office)	4-17 Tondo-cho, Naha City	098-868-8525
Customs Naha Airport Branch Office	Naha International Airport Terminal Bldg.174 Kagamizu, Naha City	098-857-0800

Convenient Info Basic knowledge of Okinawa

Food

You can drink tap water as is, but it is hard water and some people mind the smell of chlorine. Water served at restaurants is free of charge and you may ask for extra servings.

You can choose whatever you like from Japanese, Chinese or Western foods. Ryukyuan dishes developed with the influence of Japanese and Chinese foods and has two origins: court cuisine and commoners' home cooking.

Currency

Currency in Japan is Yen. There are four types of notes: 1000-yen, 2000-yen, 5000-yen and 10000-yen, and six kinds of coins: 1-yen, 5-yen, 10-yen, 50-yen, 100-yen, 500-yen. On the 2000-yen note, an illustration of Shureino-mon gate in shuri castle in Okinawa is printed.

Foreign Exchange

You can exchange U.S. dollars to Yen at head and branch offices of Bank of Okinawa and Bank of the Ryukyus.

Exchangeable currencies besides U.S. dollars and handling banks are as follows:

English pound, Eurodollar, Canadian dollar, Swiss franc, Denmark krone, Sweden krone, Norway krone, Australian dollar, Hong Kong dollar, Singapore dollar, *1 New Zealand dollar, *2 Thai baht

Bank of the Ryukyus

Head office (098-866-1212), Naha Airport branch office, Koza branch and Nago branch

Bank of Okinawa

Head office (098-867-2141), Makiminato branch, Koza branch and Nago branch

* 1 and *2 are only at Bank of the Ryukyus

Kaihou Bank Main Branch 098-867-2318

Mizuho Bank Naha Branch 098-866-0079

Naha Chuou Post Office 098-853-4567

TISCO JAPAN 098-891-8880

Consumption Tax

A 5% consumption tax is added to all the goods you pay for. Prices on goods are consumption tax inclusive. Some items such as books are indicated as 'the book proper+separate charge for tax'.

Voltage

Voltage in Okinawa is 100 volts/60 Hz. Please confirm with an instruction manual if you want to use electric appliances which you brought in.

Toilets

Indication of toilets are "化粧室", "お手洗い", or often with illustrations of a man or a woman. Most of them are western style, but Japanese-style lavatories are placed side by side at some places. In downtown, toilets in department stores, shopping centers or convenience stores are available.